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## EDUCATION

Master of Health Administration (MHA)  
Dalhousie University  
Halifax, NS  
2018 - 2020

BSc Honours Specialization: Biology  
Nipissing University  
North Bay, ON  
2013 - 2017

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## AWARDS & CERTIFICATIONS

Project Management Professional (PMP)  
Project Management Institute  
Anticipated 2024

Psychological Health & Safety in the  
Workplace  
Achieve Centre for Leadership  
2024

Lean Healthcare Black Belt  
Leading Edge  
2024

Prosci Certified Change Practitioner  
2023

Fundamentals of Risk Management  
Certificate  
2022

Lean Six Sigma Green Belt in  
Healthcare  
Leading Edge  
2022

Certificate in Strategic Decisions in  
Health Administration  
2020

Shannex Prize in Innovative Practice  
for Aging Populations  
2020

Edward L. Roach Continuing Care  
Award  
2020

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# UZMA AQBAL

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## PROFESSIONAL STATEMENT

I am driven by a commitment to enhancing health outcomes for vulnerable populations. My expertise includes exceptional management and project management, complemented by strong problem-solving and analytical skills. I also excel in communication and public speaking, effectively engaging diverse audiences and conveying complex information.

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## WORK EXPERIENCE

2023 - PRESENT

### NORTH BAY REGIONAL HEALTH CENTRE - PROJECT MANAGER

- Lead project management, solutions analysis, selection and change management.
- Responsible for ownership and development of internal project management processes and procedures.
- Lead projects and initiatives, including procurement, scoping, development and management of project plans, charters and timelines.

2021 - 2023

### HANDS THEFAMILYHELPNETWORK.CA - DATA ANALYSIS RESEARCH EVALUATOR

- Data systems and reporting, including knowledge mobilization.
- Evidence-informed planning, including research and needs assessments.
- Project management and continuous quality improvement, including lean methodologies, program evaluation, and accreditation.

2020 - 2021

### PHREESIA - CLIENT SUCCESS ASSOCIATE

- Proactively engage clients to support and drive adoption and usage of specific products and features within the Phreesia solution.
- Act as both the Subject Matter Expert and product Super User for the existing client base.

2019

### SHANNEX INCORPORATED - DECISION SUPPORT ANALYST

- Designed and built a Canadian Institute for Health Information (CIHI) website, encompassing all CIHI metrics.
  - Presented this website to the senior leadership team and provided staff training on CIHI website functionality.
  - Performed data quality audits on interRAI Long-Term Care Facilities Assessment System. A root cause analysis was executed, and results were used to drive policy development.
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## SKILLS

### PRESENTATION



### ANALYTICAL



### TEAMWORK



### MANAGEMENT



### INTERPERSONAL



### TECHNOLOGY



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## TECH. SKILLS

MS OFFICE SUITE

GOOGLE DRIVE

MICROSOFT TEAMS

ZOOM

PROJECT MANAGEMENT

RESEARCH

LEADERSHIP

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## VOLUNTEER EXPERIENCE

2018

### HEALTH EDUCATION VOLUNTEER - INDONESIA

1. Created and presented educational material on sexual education, HIV/AIDS, and smoking to high school and college students in Indonesia.
2. Played an active role in the promotion of better health and wellbeing among youth in Indonesia.

2017/2018

### PUBLIC HEALTH INTERN - CAMBODIA

1. In response to the distress from the Cambodian genocide, initiated and led a research project on mental health in Cambodia.
  - Utilized the Hopkins Symptom Checklist-25 (HSCL-25) to measure symptoms of anxiety and depression.
  - Patients with high scores were referred to TPO Cambodia, Cambodia's leading NGO in mental health care and psychosocial support.
2. Improved access to basic healthcare for disadvantaged groups. Partook in community outreaches doing basic health checks (BP, blood sugar, BMI) and referred at risk cases to a medical professional.

2017 - PRESENT

### DIABETES CANADA - VOLUNTEER

Involved in the Community Health Promotion department, and provided community presentations of diabetes education and awareness.

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## REFERENCES

Available Upon Request

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